



Tiger Schulmann's After School Club at Navesink

It's a fact. Confident kids are happy kids.

Tiger Schulmann's youth programs instill tremendous confidence and give kids the tools to reach their full potential and lead successful, happy lives. Focus, discipline, tenacity, and the ability to protect themselves will help kids achieve their goals at school and beyond.

This 6 week program will meet Mondays, starting in January at Navesink Elementary School from 3:15 - 4:00 pm to introduce elementary students to martial arts, while focusing on self discipline, self confidence, and bully protection in a fun, age-appropriate setting.

No experience or equipment is needed. Students should wear comfortable clothing.

The cost of this program is \$135 and includes 6 sessions, t-shirt, training gloves, car magnet and carry bag. Checks should be made payable to the Navesink PTA. Session dates are as follows: January 7th, 14th, 28th & February 4th, 11th, 25th

* Required

* Student's Name

*Student's Grade

*Student's Teacher

*Student's Bus #

*Student's Shirt Size

* Parent's Name

* Parent's Cell Phone

* Parent's E-Mail Address

Parent's E-Mail address will be used to send a confirmation e-mail.